

**CANADIAN VOLKSSPORT FEDERATION  
LA FÉDÉRATION CANADIENNE VOLKSSPORT  
BOARD OF DIRECTORS' MEETING  
May 27, 2011**

In Attendance: Benoît Pinsonneault, President (Chair)  
 Beverley Cattrall, British Columbia Director  
 Kathy Parr, Alberta Director  
 Laurie Ross, Prairies and Northern Director  
 Sue Osborn, Ontario Director  
 Rollie Coombes, Atlantic Director  
 Kaye Farmer, Secretary  
 Donna Sullivan, CVF Administrative Assistant (Observer)  
 David Rugar, Treasurer (part of the meeting)  
 Graham Fawcett, Past President (part of the meeting)  
 Verni Brown, Host, 2011 CVF Convention (part of the meeting)  
 Gord Bell, Host, 2012 CVF Convention (part of the meeting)

Absent: Ethel Hansen, Vice-President  
 Lisette Boivin, Québec Director

<b>Item</b>	<b>Topic</b>	<b>Action</b>
1.	<b>Call to Order:</b> Benoît called the meeting to order at 1:30 pm PDT.	
2.	<b>Appointment of a Time-Keeper:</b> Rollie agreed to be time-keeper.	
3.	<b>Adoption of Agenda:</b> It was moved by Sue and seconded by Rollie that the amended agenda be adopted. Carried.	
4.	<b>Approval of the Minutes of February 27, 2011:</b> It was moved by Laurie and seconded by Kathy that the minutes be approved. Carried.	
5.	<b>Business Arising From the Minutes of February 27, 2011:</b>	
	<b>a. Establishment of a CVF Business Plan Action Committee:</b> Benoît reported for the membership committee chaired by Ethel. The following documents have been approved by the Board members through email since the February 27 meeting: <ul style="list-style-type: none"> <li>• A simplified brochure on the procedure for establishing a CVF club</li> <li>• CVF information brochure on the website entitled “Come join us for a walk” available to all clubs for their distribution (this can include individual club name)</li> <li>• A template on the website entitled “Invitation to join us for a walk” which clubs may download and use as a guide.</li> </ul> The CVF office will advise the clubs that this information is available.	Donna

Item	Topic	Action
5.	<b>b. CVF Convention 2011 – Whistler, BC – Update:</b> Verni Brown, convention host, welcomed the Board members to Whistler.	
	<b>c. CVF Convention 2012 – Ottawa, ON - Update:</b> Gord Bell, Co-Host of 2012 convention, gave an update on accommodations and activities planned for the 2012 convention.	
	<b>d. 2011 Sanction Renewal Process – Update:</b> Benoît reported that to date there are 263 YRE/Seasonal walks and 434 scheduled walks sanctioned for 2011.	
	<b>e. 2011 Budget Status as of April 30, 2011:</b> David Rupar presented the financial documents as of April 30, 2011 and answered questions from Board members.	
	<b>f. CVF/IVV Awards - Update:</b> Lea and her husband are working on the new distance certificates previously not available in Canada for higher achievers.	
	<b>g. New Canada Not-For-Profit Corporations Act – Changes to our Bylaws:</b> Industry Canada has approved the new wording of the bylaw change making it possible to have a CVF AGM by teleconferencing. A motion to adopt this bylaw change will be presented at the AGM on May 28, 2011.	
	<b>h. CVF's 25<sup>th</sup> Anniversary Committee - Update:</b> Laurie reported on behalf of the committee. Three initiatives are planned:	
	<ul style="list-style-type: none"> <li>• CVF 25<sup>th</sup> anniversary pins are available free of charge to all Canadian Volkssporters. Clubs are to identify to Laurie by June 30 the number they want. Directors will be reminded by Laurie of the clubs who have not yet replied.</li> </ul>	Laurie
	<ul style="list-style-type: none"> <li>• Each Canadian club may sanction one 25<sup>th</sup> anniversary event walk in 2012. Sanction and insurance fees will be waived. There will be a special slug. It is hoped that each club will add this walk to their usual schedule of walks. Clubs are being asked to consider making this a free walk for participants. The CVF office will send a reminder to clubs with the details of this walk.</li> </ul>	Beverley Donna
	<ul style="list-style-type: none"> <li>• A 25-Year Challenge Program will replace the Winter Walking Program for 2012. This program encourages all Volkssporters to do at least 25 walks and to record them on a form that is available on line. A certificate will be created and distributed through club presidents in 2013 for all who complete the program. Walkers from outside Canada may participate, but all walks must be done in Canada.</li> </ul>	

Item	Topic	Action
5.	<p><b>i. Approved New IVV Guidelines, July 2010, in Luxembourg - Update:</b> Ethel and Benoît will work on the changes to the CVF rules and regulations based on these guidelines. This will be done over the next year for approval at the 2012 AGM.</p>	Benoît Ethel
	<p><b>j. Creation of IVV Continental Associations – Popular Sports Across the Americas and South Pacific (PSAASP):</b> Graham provided progress to date and will provide a further update at the August BOD meeting.</p>	Graham
	<p><b>k. 12<sup>th</sup> IVV Olympiad and Congress of Delegates in Antalya, Turkey on October 20-23, 2011 – Update:</b> The Québec tour (October 9 to 29) is full with 44 participants.</p>	
	<p><b>l. CVF Club Members Reaching in 2011 the 5, 10, 15, 20 and 25 Years' Milestone:</b> If CVF is made aware of the length of time clubs have been active members of CVF, they are being recognized for these milestones. The latest recognition was sent to the Surrey Trekkers Volkssport Club for their 20<sup>th</sup> anniversary in 2011.</p>	
	<p><b>m. CVF Publicity Brochure Reprinted With a New Look – Distribution:</b> This brochure, created by funds donated by Imperial Oil, has been printed and is available for distribution in hard copy. Directors have been sent copies for the clubs in their regions.</p>	
	<p><b>n. 2011 AVA 17<sup>th</sup> Biennial Convention, Des Moines, Iowa, USA – June 18-26, 2011 – CVF Representation/Participation:</b> It was moved by Laurie and seconded by Beverley that CVF not send a representative. Carried.</p>	
6.	<b>Directors' Reports:</b> Attached.	
7.	<b>New Business:</b>	
	<p><b>a. 2010 Best Volkssport Festival – Submissions:</b> Two entries were submitted. The award will go to the Barrhead Walkie-Talkie Volkssport Club/Volkssport Association of Alberta.</p>	
	<p><b>b. New CVF Special Walking Programs Starting in 2012 or 2013:</b> Graham proposed that a Canadian Citizen and Heritage Special Walking Program be introduced in 2012. No decision was made.</p>	

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7.	<b>c. 2011 AGM - Preview:</b>	
	<ul style="list-style-type: none"> <li>• Three motions and one resolution will be presented.</li> <li>• 2010 CVF Annual Report, including reports from the Directors and members of the Executive Committee, will be distributed.</li> <li>• 2010 Financial Statements and Auditor's Report, and 2011 and 2012 budgets will be presented.</li> <li>• Elections of Vice-President and Directors for Ontario and Atlantic Canada. Directors for Alberta and British Columbia will be acknowledged as having been elected by their provincial organizations.</li> </ul>	
8.	<b>Other Business:</b>	
	<b>a) IVV Vice-President Position to be Elected in October, 2011:</b> Graham Fawcett is interested in being considered for this position. The Board supports his nomination.	
	<b>b) Special Walking Programs:</b> It was noted that the Covered Bridge Program will end on December 31, 2011. It was moved by Laurie and seconded by Kathy that the Yellowhead Program be extended to December 31, 2012. Carried. Donna will prepare a notice for the next Volkssport Canada publication reminding participants of these completion dates. It was agreed that the website should show "December 31" to help clarify the end dates for programs.	Donna Graham
	<b>c)</b> Rollie was thanked for his four years of service on the Board of Directors.	
9.	<b>Next Meeting:</b> Sunday, May 29, 2011, at 13:00 pm PDT in Whistler, BC.	All
10.	<b>Adjournment:</b> It was moved by Beverley and seconded by Sue that the meeting adjourn at 4:15 pm PDT. Carried.	

Original signed by

Original signed by

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 Kaye Farmer, Secretary

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 Benoît Pinsonneault, Chair

**President's Report for Board of Directors' Meeting, May 27, 2011**  
**by Benoît Pinsonneault**

1. After a first review, the minutes of the BoD's meeting of February 27, 2011 were circulated and reviewed by the directors as usual before their distribution to the Board, the Executive and the entire membership of the CVF.
2. I kept the CVF Book of Remembrance up to date.
3. I prepared and circulated in bilingual format one new Communiqué i.e. # 16 on CVF Board decision re: 2011 CVF AGM in Whistler, BC and CVF Financial Status from 2007 to 2010, dated March 15, 2011, which is also posted on our website.
4. I, along with David Rupar, reviewed the financial entries for the first four months of operation of our current fiscal year and prepared with him a 2011 Forecast. After several exchanges following the last Board of Directors' meeting on the 2012 CVF Budget, a final version of the 2012 CVF Budget was prepared for its publication in the 2010 CVF Annual Report and approval at the 2011 CVF AGM.
5. I translated into French six Director/Executives' reports for the 2010 CVF Annual Report and reviewed the final draft of the said report, prepared by Graham Fawcett.
6. I reviewed all CVF Volunteer Service Merit Award nominations submitted by the Regional Directors and approved them all.
7. I prepared the agendas for our BoD's meetings of May 27 and May 29, 2011.
8. I prepared my usual "Word from the President" for publication in the Apr-May-Jun 2011 issue of Volkssport Canada.
9. I sent out a CVF President Letter of Congratulations to the Surrey Trekkers Volkssport Club for their 20th Anniversary in 2011.
10. I translated into French the Registration Form and a Publicity Flyer for the Organizing Committee of the 2012 CVF Convention and AGM to be held in Ottawa on May 18-21, 2012.
11. I translated into French for the CVF Membership Committee an Informative Brochure on CVF to be posted on several Volkssport websites for downloading as well as a Template Invitation to join us for a walk to be locally used by the clubs.
12. I, finally, completed the reduction of our "Practical Guide on How to Start a Volkssport Club" to a four-page document entitled "Simplified information and procedure for joining as a club the Canadian Volkssport Federation".

**British Columbia Director's Report for Board of Directors' Meeting of May 27, 2011  
by Beverley Cattrall**

1. It's been a busy season for Volkssporters in BC, especially with the preparations that have been made by the Vancouver 'Venturers for our mini-convention in Whistler.
2. The Victoria International Walking Festival Society held a very successful three-day festival in April. Popularly referred to as The Phoenix, this event drew over 350 walkers from many parts of Canada and the US. The walks ranged from 5 km to 42 km and took in most of the scenic parts of Victoria as well as nature reserves and parks on the outskirts of town. Although the weather was a little chilly for those who were working at the control points, it was perfect for walkers, especially those doing the longer distances – it was sunny, if slightly cool. The feedback from participants and volunteers was so overwhelmingly positive that the Society has decided to hold the event again, in 2013. Watch their website, [www.vvpf.ca](http://www.vvpf.ca) for further information.
3. We in BC have been noticing that we need to plan a wide range of walks in order to keep people interested. There are those who are happy to walk 5 km on city sidewalks or paved footpaths, while there are others who enjoy the occasional challenge of rougher terrain, particularly as the weather becomes drier and the trails less muddy. Consequently, two new walks (hikes) were introduced in May by the Juan de Fuca Walking Club and by Garden City Wanderers. Other 3C rated walks include the Surrey Trekkers' Burnaby Mountain-Stoney Creek event in June and the Vancouver 'Venturers' Volkshike at Whyte Lake in July. There are also three Gulf Island walks planned for the summer – Newcastle Island, Saltspring Island and Mayne Island.
4. Walks with a winery theme are also popular. Garden City Wanderers will hold what has now become a tradition, a winery walk on July 1, while the Peachland Club will hold one in the Okanagan later in the season.
5. We are also noticing that many of our more seasoned walkers, the ones who do much of the volunteer work for our clubs and who reliably support every walk, are increasingly travelling and away from home for periods of time. They may be attending events in other parts of Canada or the US, such as the Columbia Gorge walks in Oregon in June, or they may be overseas. Turkey seems to be the destination of choice this year. This may help to explain why the numbers are down a little at some of our walks, although this is counterbalanced by the walkers who have come from out of province to participate in The Phoenix and our Whistler mini-convention.
6. Victoria area clubs have had a number of new walkers in the past few months. Since we are anxious to continue to attract new members, we are always interested in learning how they heard about us and what we can do to make them feel welcome. While we have up-to-date, comprehensive websites and advertise in all the local media every week, it seems that word of mouth is our most effective marketing tool. We are grateful to our sponsors, such as The Running Room, who hold our walk boxes and who recommend volkssporting to their clients.

**Alberta Director's Report for Board of Directors' Meeting of May 27, 2011**  
**by Kathleen Parr**

1. We went from colder than normal to warmer than normal weather this spring so all of the ice and snow has melted but we are now experiencing a plague of mosquitoes, which luckily hasn't affected attendance to any great degree; but bug spray is hard to find in the stores.
2. I was re-elected at the VAA AGM to my second two-year term; as no one was interested in taking on the responsibilities of President of the province.
3. The first "Alberta Challenge" certificates were presented to Sharon Tchir and Lou Arsenault at the AGM. We also honored Pauline Mann and Richard Parr with a shared presentation of the Phillips Award, given annually for exceptional service to volkssport in Alberta.
4. The walking season is in full swing with events being held on weekends and Tuesday evenings, as well as group YREs being conducted in Wetaskiwin, St. Albert, and Medicine Hat. Medicine Hat has had to revise their YRE routes due to trail damage. Some of the year-round trails aren't passable in the mountains as well, due to the heavy snowfall last winter which hasn't fully melted yet.
5. The St. Albert Trekkers' marathon on the 14<sup>th</sup> of May saw 36 people complete anywhere from 5 km to 42 km. Five people completed the full Marathon and another seven completed at least the half marathon.
6. Alberta is conducting the River and Ravine program again this year, the first walk in Devon on the 17<sup>th</sup> of May being attended by 33 people,
7. The National Walking Weekend events were attended by 36 people at the CVF Director's event in Sherwood Park in the morning with 24 participating in the group YRE in the afternoon. Chinook Country Pacers walk in Cardston saw all four of their members walking as well as two from Medicine Hat. They were greeted by the Mayor who presented each of them with a coupon for a treat at the local DQ.
8. Looking forward to seeing you all this week.

**Prairies and Northern Director's Report for**  
**Board of Directors' Meeting of May 27, 2011**  
**by Laurie Ross**

1. Well Spring has finally arrived on the prairies – a little soggy but it's here. Thank goodness!!!
2. I am going to share the most exciting news first – Whitehorse has a revamped walk. Hurray! I have had feedback from walkers that while they enjoyed most of the 11 km walk it was hard to follow at times and the residential part was boring. A special Thank You to Karen Powell, a Vancouver islander living temporarily in Whitehorse, who changed the route to highlight the city's beauty and history. She has written an informative and fun narrative to the walk. Once again – Thank you Karen!!
3. Terry reports from Winnipeg that her group did the Selkirk walk followed by another guided walk near the perimeter highway in Winnipeg. Those walks as well as their Sunday morning

walks were all well attended. At the end of May there will be a guided walk in Carmen, Manitoba.

4. Nancy Makepeace has sanctioned the YRE and Waterfall seasonal walks for this year but there will be no event walks in 2011. Nancy, in conjunction with the Hay River Beautification Committee, is in the process of publishing a map of the walking trails in the Hay River area. I really hope we can get some Volkssporters up there this year.
5. A couple of the seasonal walks in the Regina area have had delayed starts due to flooding. A group walk was held at Regina Beach on May 4<sup>th</sup> and while the trail (an old rail bed) was walkable there is a lot of erosion. There is still no registration point in Regina Beach (due to a fire) so please contact the Wascana Wanderers Club President if you wish to do the walk. National Walking Day brought out 7 walkers who braved the elements to walk the Devonian Pathway in Regina.
6. I spent three days (much too short!) out in Victoria in mid April and took part in two days of the Phoenix festival. I thoroughly enjoyed myself. A special thanks to David, Beverly and the rest of the organizing committee/volunteers for a wonderful weekend of walking.
7. Looking forward to seeing everyone in Whistler.

**Rapport de la Directrice du Québec pour la réunion du CA du 27 mai 2011  
par Lisette Boivin**

1. Il fallait être vraiment des mordus du Volkssport pour participer aux activités ces dernières semaines que ce soit pour les marches de groupe ou les marches événements. Le froid, le vent et la pluie intense ont été très souvent de la partie de sorte qu'à plusieurs reprises, les participants ont été moins nombreux qu'à l'habitude.
2. Des activités remarquables ont été malgré tout présentées et ont connu de très beaux succès. Il faut dire que les volkssporteurs apprécient toujours participer à des marches qui sont associées à une activité sociale. Par exemple, une activité intitulée « Clair de lune » a été présentée en soirée en mars dernier sous une pluie battante et a été suivie d'un copieux souper de groupe. Il y a eu alors soixante-six participants qui ont eu bien du plaisir et qui cherchent encore la lune...
3. La plupart des marches saisonnières ont commencé au début de mai. Le club de Saint-Eustache prend la relève du directeur pour la marche de Montréal / Lachine. En ce qui concerne les marches saisonnières dans la région de Québec, elles sont les mêmes que l'an passé.
4. Plusieurs nouveaux membres se sont ajoutés à la liste Volkssport dernièrement. Le constat est toujours le même : ce sont pour la plupart des gens qui se rapprochent de la retraite et qui veulent faire des activités en groupe. Le club Nord-Sud a accueilli dernièrement une marcheuse de 35 ans qui devient le bébé de la famille... cette dernière a adoré son expérience avec nous; peut-être amènera-t-elle ses amis lors de la prochaine activité...
5. Les deux clubs sont présentement à planifier leur programmation 2012 et leurs objectifs restent les mêmes soit de présenter des activités variées pour le plaisir de tous. C'est une lourde tâche qui demande beaucoup d'attention. La planification est la moitié du succès escompté, l'autre moitié étant l'organisation et la présentation.

6. Les membres du club Nord-Sud ont été plongés dans la tristesse dernièrement par le décès de deux de ses valeureux membres : Claire Dionne et Jean-Paul Racette Ces deux personnes étaient fort appréciées de tous. Jean-Paul, et sa conjointe Pierrette ont participé régulièrement au congrès annuel de la FCV.
7. *Ne pouvant pas participer au congrès FCV de Whistler pour des raisons de santé, je souhaite à tous les membres du conseil d'administration de la FCV des rencontres positives et au comité organisateur du mini-congrès un bon succès.*
8. Bonne Route,

**Québec Director's Report for Board of Director's Meeting of May 27, 2011  
by Lisette Boivin**

1. These past weeks, one really had to be passionate about Volkssport to participate in our activities, either in the group walks or regular events. The cold, the wind, and the heavy rain were factors to the point that, on several occasions, participation was less than usual.
2. Nevertheless, some remarkable events were presented and all were great successes. I have to say that Volkssporters always appreciate doing walks associated with a social activity. For example, one activity named 'Clair de lune' [Moonlight] was an evening event in March under a driving rain and followed by a generous group dinner. There were sixty-six participants who had a lot of fun, and are still looking for the moon.
3. Most of the Seasonal walks have already begun at the beginning of May. The Saint-Eustache club is taking over the Director's walk in Montréal/Lachine. As for the Seasonal walks in the Québec City area, they are all the same as last year.
4. Several new members have been added to the Volkssport list lately. It's always the same story: for the most part, these are people who are getting close to retirement and who want to do group activities. The Nord-Sud club has just welcomed one 35-year old walker who now becomes the baby of the family... she loved her experience with us; maybe she'll bring some of her friends to the next activity ....
5. The two clubs are now preparing their programs for 2012, and their goals will be the same – to present a variety of activities for the fun of all. It's a heavy task that requires lots of care. Planning is half the desired success, the other half is organization and presentation.
6. Recently, the members of the Nord-Sud club were greatly saddened by the passing of two of their valued members: Claire Dionne and Jean-Paul Racette. These two members were loved by all. Jean-Paul and his wife, Pierrette, were regular participants at CVF AGMs.
7. *As I am unable to attend the CVF AGM due to health reasons, I wish positive meetings to all Board members, and great success to the mini-convention organizers.*